



**Rotary District 5440**  
**August, 2008-Membership Month**

## THE COWBOY DIARIES



### Inside this issue:

International Project for Laramie Sunrise	2
RC of Cheyenne Sunrise	2
Russian Photos	2
Duck Race in Laramie	3
Directory Corrections	3
Attendance Report	3
Rotary in Action in Guatemala	4
Rotaract Thriving in Cheyenne & Russia	5
Rotarians visit blind school	5
RYLA in Russia	6
Dictionary Project	6
District Calendar	7

### The Quiet Rotarians

Loveland - Dennis Daugherty  
 Greeley - Ron Wildeman  
 Loveland Thompson Valley -  
 Kathy Boeding  
 Estes Valley Sunrise -  
 Leon Weise  
 Fort Collins After Work -  
 Brittanie Saunders  
 Loveland Mountain View -  
 Don Foster  
 Estes Park - Bill Lodge  
 Johnstown/Milliken -  
 Jim Lutey  
 Thermopolis - Mitch Homi  
 Worland - Mike Healy  
 Cody - John Jackson

Dear Fellow Rotarians,

Susie and I have been on the road for a month and I am excited about the quality of activities we have seen among the clubs we have visited. In every community where Rotary has a presence it is obvious that we are adding value to other people's lives.

We must all agree that our good efforts can be furthered with more hands to do the work. I urge you to strive to reach our membership goals for the year.

Goals are not mere numbers: they are people's lives that we touch; they are clean water, improvements in health, education of the illiterate and hope when there was none before.

Keep in mind there are so many people "out there" who would love to participate in the work we do, but they do

### From the Trail

By DG Stuart Palmer

not know about Rotary. It's up to each of us to share our enthusiasm for what we are doing to help humanity. Let's get busy and utilize the resources we have to promote our clubs and activities, and Rotary in general. What resources? Our Rotary International promotional materials (Humanity in Motion CDs, What's Rotary wallet cards, etc.); newspaper publicity; the new President's Blog (currently online); our Past District Governors and Assistant Governors; and each other. I encourage nearby clubs to reach out in friendship to participate in a project or program together - more hands change more lives.

Rotary is OUR organization. Let us expand our good work by thinking outside the box. Here is an idea to expand membership AND promote our End Polio Now



DG Stuart and  
Susie Palmer

campaign. A visiting Rotarian couple from Canada shared this with us - the members of their club invited non-Rotarian friends to dinner parties/barbeques at their homes, where they presented the Polio program. Guests were invited to contribute and share in the campaign. It was so successful that the club exceeded their \$1000 annual goal AND added ten new members to the club as a result!

Don't forget to proudly wear your Rotary pin throughout the week, not just on meeting days. It is time to saddle up and get back on the trail for more club visits. See you soon.

DG Stu

### From the Mountains to the Valleys

**This is from a member of the Rotary Club of Ft. Collins:**

"Here we are again, lunch and a program

Women and men, young and old, every racial and cultural group

High plains and mountains, ranch/farm, urban/rural

In little towns where 4 legged critters outnumber folks 100 to 1

And drill rigs almost equal the number of pickups

To towns that live off the 2 legged tourists of the world

We are in areas that are cutting wheat, worrying about center pivots and storage for their harvest

To places where great universities teach the future of the planet and high tech thrives next to cutting edge medical centers

From the second best place to live in America

(which is just a suburb of Timmath)

To towns that are just barely hanging on and looking for anything to do

Rotary is the glue of our region

Here the movers, shakers, developers, educators, merchants, bankers and caregivers of the area gather

We are bound by common values of Service Above Self,

The Four Way Test and the Objects of Rotary

We are quite a group!"

## Rotary Club of Laramie Sunrise

For their first international project, the Laramie Sunrise Club was privileged to participate with the Jackson Hole Break-



fast Club in the Rotary English Language Project in Madurai, Tamil Nadu, India. The USA sponsoring club was the Evanston Lighthouse Club of Illinois and the India Club sponsor was Kodaikanal.

During a four-week period beginning July 15, 2008, pairs of English-speaking American and Indian volunteers will teach practical, conversational English skills to children of the Philip and Timothy Stains Memorial Children's Home in Madurai, India. The Indian volunteers will continue to teach the children weekly and the American volunteers, upon returning to the USA, will continue to assist through computer-based internet writing (chat), speaking (Skype), visual contact (web cams) and voluntary telephone, email and letter writing at their own expense. These children will then share their knowledge with poorer children, enhancing opportunities for securing better jobs in the future.

## Folk Music Performance

Performance by the Folk Music Group from Saratov, Russia, entertaining our District 5440 Russian Committee during our visit in April, 2008, led by Past District Governor John Guyette and Past District Gov-



ernor George McIlvaine. The music group is planning to come to America and tour our Rotary district for a series of concerts in April/May of 2009 following an appearance at our District Conference in Jackson Hole, Wyoming, April 30, May 1 and 2, 2009.

## Rotary Club of Cheyenne Sunrise

By Bill Jordan

At the February 26, 2008 meeting of the Cheyenne Sunrise Rotary Club the club was honored by a visit from Marta Heap, president of the Star Valley Rotary Club in Afton, Wyoming. Marta presented a slide show and talk on the Romanian Relief Effort, a humanitarian organization established by the residents of Star Valley for the purpose of increasing medical education and resources to rural populations in Romania, with emphasis on women and children's services. Romania is a country struggling to leave behind the challenges associated with communism.

In 2003, the Romanian Relief Effort was organized by Marta and local Afton residents. A five year commitment was made to provide medical aid to Romania. Each year, Marta, who is a nurse by profession, has lead a group of four or five nurses, taking their health skills, education and medical supplies donated by local residents to Romania. In 2003, infant deaths in the hospital at Dorihoi, Romania averaged 21 a year having one of the highest mortality rates in Europe. Infant deaths at the hospital have since the 2003 visit decreased to 6.

Funding for the project has become a cooperative effort involving the Rotary clubs in Star Valley, Buffalo, and Cheyenne, Wyoming, and the Craig, Colorado Rotary club. The Cheyenne club joined in funding the project in 2005. Each year, the Cheyenne club has donated \$2000 towards the project. 2007 was the last year for the project.

## D5440 Russian Visit

Past District Governor John Guyette of Greeley, CO with Rotarian Aleksey Vasiliev of the Rotary Club of Saratov - Center during a visit last April. During the week, our D5440 Russian Committee visited a rural hospital, school for the blind



and an orphanage that are receiving on-going support from Rotarians throughout D5440.

# Rotary Club of Laramie to host annual Duck Race

By Paul Heimer

The Rotary Club of Laramie, Wyoming, is planning to put on its annual Duck Race on October 4, 2008. Over the past few years the race has not only help fund various club activities, it has also aided a wide variety of needy causes including the Downtown Clinic (a non-profit that provides free medical care to people without insurance), local beautification projects, buying badly needed defibrillators for our local Search and Rescue agency, and Rotary's polio prevention efforts. Most recently, the Duck Race helped fund major upgrades to facilities used by the Laramie Athletics Youth Baseball program. This year, some of the proceeds will go towards buying Shelter Boxes and restoring habitat along the Laramie River.

The Race will start at 9 a.m. on the beautiful Laramie River. The starting point is just a few hundred yards downstream from Optimist Park and will finish at the bridge that spans the Laramie River on Garfield Street. The race usually takes 20-30 minutes to complete. The event will be preceded by a free pancake breakfast at the park.

Duck Race tickets cost \$10 each or 3 for \$25 (most people buy three). The grand prize is worth \$50,000, and will go to the person whose duck finishes in first place, **IF AND ONLY IF** their duck was randomly selected as the winner. The person who has the first place duck, and their duck was not selected to come in first place, will win \$1,000. There

will be numerous other prizes including free rounds of golf, other cash prizes, store gift certificates and even an ornamental duck. The duck that comes in last will win the ugly duckling award which is a check for \$50. Tickets can be purchased from any Rotarian or at the offices of the Laramie Boomerang and the Laramie Chamber of Commerce. The club is hoping to launch at least 1,500 ducks and raise \$10,000 for the club and its charitable partners.

## Directory Corrections

Greeley After Hours Club Secretary, **Kendall Alexander**, has a new email address: alexhousek@msn.com

Johnstown/Milliken has a new club secretary. **Jim Lutey** can be reached at (H) 970-587-7042, (F) 970-587-8703 or jimlutey@yahoo.com. His mailing address is: 118 W. Charlotte St., Johnstown, CO 80534. The club also has a new club treasurer. **Edgar Shramma** can be reached at (W) 970-587-4476, (H) 970-663-2418 or edgar@schramma.com. His mailing address is: 9 S. Parish Ave., Johnstown, CO 80534.

Ranchester/Dayton club secretary **Pete Hager's** correct email is: pandshager@trcable.tv. The club also has a new meeting location: Tongue River Family Restaurant in Ranchester.

Windsor Rotary Club has a new club secretary. **Dorothy Simmons** can be reached at DS7676@comcast.net.

## Club Attendance - June, 2008

ROTARY CLUB	June - 08 Attendance	June - 08 Members	July - 07 Members	Change YTD	Change Per Mth	ROTARY CLUB	June - 08 Attendance	June - 08 Members	July - 07 Members	Change YTD	Change Per Mth
Buffalo	50.69	36	35	+1	0	Laramie	58.59	107	105	+2	-2
Casper	44.50	195	197	-2	-3	Laramie Sunrise	70.83	24	23	+1	0
Casper 5 Trails	45.50	65	65	0	-1	Loveland	84.00	182	171	+11	+4
Cheyenne	56.00	208	205	+3	-1	Loveland Mtn View	Not Rep'd	51	32	+19	0
Cheyenne Sunrise	50.00	30	29	+1	-1	Loveland TV	54.79	47	52	-5	-4
Cody	65.00	71	64	+7	0	Morrill	86.00	18	21	-3	-1
Craig	62.00	19	21	-2	0	Powell	52.68	29	41	-12	0
Douglas	64.00	43	42	+1	0	Ranchester/Dayton	Not Rep'd	19	18	+1	0
Estes Park	68.40	119	119	0	-3	Rawlins	42.24	28	31	-2	-3
Estes Valley Sunrise	70.17	64	61	+3	-1	Riverton	Not Rep'd	49	52	-3	0
Evanston	65.00	42	41	+1	0	Rock Springs	67.50	27	31	-4	-5
Ft. Collins	Not Rep'd	194	184	+9	0	Scottsbluff/Gering	55.17	114	115	-1	0
Ft. Collins Breakfast	73.93	68	69	-1	+1	Sedgwick County	74.00	23	24	-1	0
Ft. Collins Foothills	64.31	114	107	+7	0	Sheridan	47.29	134	131	+3	-1
Ft. Collins After Work	55.44	23	25	-2	0	Ski Town, USA	86.29	31	32	-1	0
Gillette	37.90	62	57	+5	0	Star Valley	46.00	16	14	+2	0
Gillette-Energy	50.00	62	62	0	+2	Steamboat Springs	55.32	94	95	-1	0
Greeley	40.10	158	161	-3	-3	Sterling	35.53	40	41	-1	0
Greeley Centennial	69.85	110	116	-6	-2	Teton Valley	55.00	38	30	+8	0
Greeley Redeye	76.00	34	32	+2	0	Thermopolis	60.00	28	28	0	0
High Plains (Eaton)	70.00	31	30	+1	0	Torrington	68.00	66	64	+2	-2
Jackson Hole	54.00	197	189	+8	-3	Windsor	54.00	34	35	-1	-1
Jackson Breakfast	64.00	14	17	-3	0	Worland	49.00	39	41	-2	0
Jackson Supper	47.00	33	34	-1	0	<b>Greeley After Hours</b>	<b>25</b>	<b>0</b>	<b>+25</b>	<b>0</b>	
Johnstown/Milliken	47.00	19	22	-3	0	<b>chartered on June 10, 2008</b>					
Kemmerer	75.00	25	23	+2	0						
Lander	60.86	69	74	-5	-2	<b>TOTALS</b>		<b>3368</b>	<b>3308</b>	<b>+60</b>	<b>-32</b>

## Rotary in Action in Guatemala

By Connie Pfeiffenberger, PR Chair, Rotary Club of Fort Collins

In 2002, local pediatrician Dr. Edwin Oliva was seeing an ever growing incidence of Dengue Fever in his patients in Gualan, Guatemala. Spurred to action when his daughter Danissa contracted the disease, Dr. Oliva, a non-Rotarian, went to the internet and searched for a Rotary-Dengue Fever connection. That action put in motion a series of events that led to a relationship with the Rotary Club of Fort Collins. Dr. Oliva joined the Rotary Club of Gualan, encouraged them to take on their first International project, and through the efforts of Dr. Oliva and local Rotarian, Dr. Claude Piché, a Dengue Fever community education and prevention project began in 2005.



**Amarilis Salguero conducts a Dengue Fever survey and inspection at a local home in Gualan.**

This single contact has resulted in a very close friendships and outstanding cooperation between the RC of Ft Collins and the RC of Gualan. The relationship has also led to cooperation with the RC of the nearby city of Chiquimula and participation from other clubs in District 5440. In Chiquimula, for example, the RCs of Ft Collins and Chiquimula launched a Dengue fever project in 2007 while the Ft Collins, Cheyenne, Gualan and Chiquimula clubs cooperated to equip a computer lab for a school for the deaf children in Zacapa. In both communities, projects to provide potable water have been initiated and, in Gualan, Matching Grants allowed the clubs to furnish a local clinic with desperately needed medical equipment and initiate a highly successful education program on HIV-AIDS & teen pregnancy prevention.

The clubs worked together in 2007 to build a house for a needy family in Gualan and included the Interact Clubs of Fort Collins. When the RC of Gualan learned the Ft Collins Interactors were coming, they formed their own Interact Club, resulting in even greater fellowship and cooperation. In 2008, Guatemalan Rotarians Edwin Oliva and Maynor Rossal visited our district and Rotarians, Rotoractors and Interactors from Ft. Collins returned to Guatemala to build a second house. In addition, the Interact Clubs of Fort Collins and Gualan cooperated to raise funds to buy playground equipment for a new Nutritional Rehabilitation Center in Gualan.



**Dr. Oliva draws blood from Rotarian Claude Piché at the new lab in Gualan.**



**Gualan Interactor Danissa Oliva plays with kids on new playground equipment**

For 2008–2009, the clubs have seven new potential projects in Gualan and Chiquimula including more Dengue Fever efforts, kitchen and medical supplies for a senior citizens' center, hospital equipment for a rural health clinic, supplies and a computer lab for local schools, as well as a potable water and watershed improvement projects in both Gualan and Chiquimula.

These projects are a direct result of the hard work of Edwin Oliva, Claude Piché and their fellow Rotarians who developed close working relationships and friendships to help those in need in Guatemala, and shows what can be accomplished when Rotarians team up with Rotary International and their Districts through the matching grant program.

## Rotaract Thriving in Cheyenne and Russia

By Chris Barlow, Cheyenne PR Committee

Three years ago, the Cheyenne Rotary Club and the local community college, Laramie County Community College (LCCC), partnered up to begin a Rotaract club at LCCC. This has been a valuable club for the students of LCCC to become active in the community and the world. Last year, as an extension of the relationship between the Cheyenne Rotary Club and the Saratov Rotary Club in Russia, the LCCC Rotaract Club and the Saratov Rotaract Club developed a partnership and a friendship. The Saratov Rotaract members joined LCCC members at the Rotaract Convention in Salt Lake City and more recently at the RYLA camp in Estes Park. Both clubs matched funds of \$1000 each to help build a medical supply room for a Russian orphanage. Rotaract Club President Angel Kenney and member Vaneza Alvarado joined 8 district 5440 Rotary members including Cheyenne Rotary President Bob Womack and past District Governor George McIlvaine on a trip to Saratov to present the Rotaract fundraising money to the Russian orphanage and see the positive effect of their hard work. The Rotary members pre-

sented a grant for an athletic field for the school for the blind in Saratov.

Since graduating from LCCC, Angel and Vaneza have started a community-based Rotaract Club which already boasts 12 members from around Cheyenne. The LCCC Rotaract Club and the new Community-based Rotaract present a valuable opportunity for young men and women to learn the importance of service above self as they enter the professional world. "This club provides the opportunity for me to promote responsible citizenship, develop professional skills, and employ effective leadership by offering venues to learn from proven leaders of our local Rotary" Said Alvarado.

Rotaract is a Rotary-sponsored service club for young men and women ages 18 to 30. Rotaract clubs are either community or university based, and they're spon-



**Cheyenne and Saratov Rotaract members together during recent visit.**

sored by a local Rotary club. This makes them true "partners in service" and key members of the family of Rotary.

As one of Rotary's most significant and fastest-growing service programs, with more than 7,000 clubs in about 163 countries and geographical areas, Rotaract has become a worldwide

phenomenon.

All Rotaract efforts begin at the local, grassroots level, with members addressing their communities' physical and social needs while promoting international understanding and peace through a framework of friendship and service.

For more information about Rotaract or if you would like to sponsor a new Rotaract club, contact Vaneza Alvarado, District Rotaract Representative, at CheyenneRotaract@hotmail.com or call (307) 631-0193.

## D5440 Rotarians visit Saratov School for the Blind

District 5440 has had a long-standing relationship with Rotary in Saratov, Russia, a city of some 800,000 people located 600 miles south of Moscow. In April, 2008, a delegation of Rotarians and guests visited Saratov. Those attending included DG Stuart Palmer and Susie, PDG John Guyette, PDG George McIlvaine, Dean Guyette, Marla Selby, PP Bob Womack, Rachel Womack and Dr. Darryl Hammon, President of Laramie County Community College.

The Rotarians visited the Saratov School for the Blind and broke



**Aleksey Vasiliev, Charter President of RC of Saratov-Center and PDG George McIlvaine.**

ground for an athletic field for the children. The blind children are able to play games with balls containing bells. The field is the result of a grant developed by the Rotary Club of Cheyenne, Other clubs

participating in the grant were Rotary Club of Cheyenne Sunrise, Rotary Club of Evanston, Rotary Club of Saratov-Center, District 9910 (Northern New Zealand) and the Interact Club of Evanston, WY.

A highlight of this trip was an invitation from the Mayor of Saratov to a meeting in his office. The Mayor expressed his appreciation for the efforts of Rotary and Rotaract in his area and his desire to continue working with Rotarians in the future.

**DICTIONARY PROJECT FOR  
WYOMING THIRD GRADE STUDENTS**  
By PDG Nancy Pettus

## A CALL FOR YOUR HELP

During the 2007-08 school year **100% of Wyoming third grade students** attending public and many private schools received dictionaries. Many books were provided by Rotary clubs although there are other organizations and private donors who covered some schools. Thanks to the efforts of PDG George and Mary McIlvaine and the Rotary Club of Cheyenne, schools that hadn't received dictionaries were covered making **Wyoming the fifth state to accomplish this feat.**

We want to make sure we do this again every year and that we pick up private schools and home schooled children. Below is a list of communities that were not routinely covered last year:

Basin	Buffalo	Chugwater
Cowley	Greybull	Guernsey
Hulett	Lovell	Meteteetsee
Moorcroft	Newcastle	Sundance
Upton	Wheatland	

***Does your club do dictionaries? Do you cover private schools and home schoolers?***

***Would you be willing to help insure all Wyoming 3<sup>rd</sup> graders get a dictionary?***

Let us know what your club does or will do this Rotary year. If another club in your community covers the schools, please consider "adopting" one of the above communities. We would encourage personal delivery of the books, but if that is impossible, we will help coordinate delivery. **School starts soon, please let us know as soon as possible what you are doing.**

Please contact PDG Nancy Pettus (WandNPettus@aol.com or 307 733-4904) or  
PDG George McIlvaine (Grandpamc@aol.com or 307 632-6708)

**Note:** Dictionaries are available from several sources and are reasonably priced. The Dictionary Project has provided the majority. PDG George McIlvaine has price and contact information.

## RYLEA in Russia

By Mary McIlvaine

For several years, the District 5440 Russian Committee has supported and helped with RYLEA in Saratov, Russia. In order to help those who organize the Russian RYLEA, three members of the Saratov Rotaract Club came to the US to attend RYLEA in Estes Park this summer.

Those attending were Olga Alesandrova, Kristina Lifanova and Egor Prokofev. They were warmly accepted by counselors and participants alike and enjoyed all activities at the camp.

When asked to describe his experience at RYLEA, Egor had this to say... "RYLA is an incredible event and everybody who has been there is so lucky. It is an outstanding experience. Although it is called

"Rotary Youth Leadership Camp", it is not only about leadership. It's about endless friendship, love and the ability to express your feelings and thoughts in public. This is the real RYLEA magic!"

Kristina added, "We are going to focus on team building in our RYLEA because the ability to cooperate with people is an essential part of leadership. We are going to introduce activities we learned here such as Icebreaker and Team Wrap Sessions. The main thing we are going to take back with us is the RYLEA spirit. It will help us to work on new ideas which will inspire the leaders to build a new world, full of tolerance, peace and understanding."

## Helpful Links for Club Improvement

New Member Orientation - A How-to Guide for Clubs. The link is found on-line at  
[http://www.rotary.org/RIdocuments/en\\_pdf/414en.pdf](http://www.rotary.org/RIdocuments/en_pdf/414en.pdf)

Resigning Member Questionnaire - (Exit Survey)  
The link is found on-line at:  
<http://www.clubrunner.ca/data/6290/html/26445/Resigning%20Member%20Questionnaire.pdf>

# DISTRICT CALENDAR

To submit articles for this publication,  
please contact Stuart Palmer or  
Kellie Tovar.

We're on the web  
[www.rotary5440.org](http://www.rotary5440.org)

## August - Membership Month

1 - Matching grant requests over \$25,000 (competitive) due

## September - New Generations Month

3 - Alum Service to Humanity Award deadline

Service Above Self Award deadline

13-14 - Teton Valley, Hill Climb at Targhee Ski Resort

15 - 3-H complete application due for May grant consideration

## October - Vocational Service Month

TBA - GSE Team Leader Selection

1-5 - Zone Institute, Boise, ID

Governor Elect Training Seminar

15 - 2009-10 Official Directory Data forms mailed to club secretaries

## November - The Rotary Foundation Month

TBA - GSE Team Member Selection

15 - Distinguished Service Award nominations due to TRF

16 - 2008-09 SHARE mailing sent to DG, DGN, PDG and DRFC chair

## December - Family Month

1 - Hold club officer elections and report results to district secretary and RI

31 - End of calendar year-all contributions/gifts must be received by 31 December 2008 to receive 2008 tax receipts

## January - Rotary Awareness Month

### Information for the 2009-10 Official Directory due

TBD - Mid Winter Assembly

TBD—President's Dinner

18-25 - International Assembly, San Diego, CA

## February - World Understanding Month

14 - Avenues of Service Citation due to RI from club presidents

23 - World Understanding and Peace Day

27-March 1 - PETS, Marriott TechCenter, Denver, CO

## March - Literacy Month

31 - RI Presidential Citation and District Governor Citation forms due to DG

31 - Ambassadorial Scholarship, Rotary Grants for University Teachers and Rotary World Peace Scholarship Application Deadline

31 - Last day for receipt of Matching Grant and 3-H Grant applications; Simplified grant funds request due at TRF.

## April - Magazine Month

TBD—District Training Seminars

30-May 2 - District Conference, Jackson, WY

## May - District Convention Month

1 - Memo of club visits due from Assistant Governors

## June - Rotary Fellowships Month

15 - Nominations for Citation of Meritorious Service due

21-24 - RI Convention, Birmingham, England

30 - End of fiscal year - all gifts must be received at TRF by 10:00 am in order to count towards 2008-09 Rotary year.